California Pet Cardiology

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Respiratory Rate Sheet

1) Record your pet's respiratory rate (RR) at sleep or at rest.
2) Watch your pet's chest rise and fall-this is one cycle.
3) Count the number of breaths for 30 seconds then multiply that number by 2.
4) Normal RR for dogs/cats is less than 40 breaths/min. Follow the trends in your pet. More important than the number are the trends. If you notice a trending increase (by 20%) in your pet's RR give your local or emergency veterinarian a call immediately.

Date	Resp Rate	Date	Resp Rate	Date	Resp Rate